Recognizing the Signs: When to Reach Out for Support Services & How to Know the Time is Right

Created and presented by Lisa Wasson, RN, CHPN, CMDCP



Identifying Characteristics of Late-Stage Dementia





Word Comprehension and Speech have stopped

Falls are frequent: Difficulty moving backwards

Mostly immobile – Hard to Connect

Ruled by reflexes

React to touch

Limited eye contact or Following with eyes

Unmet needs may cause distress

Often Still and Quiet

Know what is familiar

Primitive reflexes have taken over: difficulty swallowing

Communication and Connection



Greet by First Name **Position** Don't Rush Yourself in Visual Field 6 Tips to **Improve** Communication Stay Still **Use Visuals** Make Contact Outside Intimate Zone

Making a Connection

Moments of connection take time and will be short

Retain rhythm: may be able to sing, hum, pray and sway

Tips for Making Connection

One on One activities

Pray aloud with rosary in their hands

Read aloud

Hold hands

Interpreting Behaviors



Behaviors are Unmet Needs?

5. Pain

4. Discomfort

3. Elimination(restroom needs)

2. Energy Level

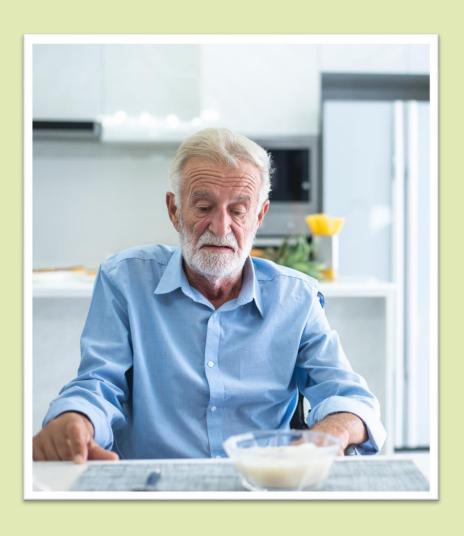
1. Hunger/Thirst





Sensory Stimulation
Consider the Surroundings

Mealtime



- Small dishes
- One item at a time
- Decrease distraction
- Hand under hand
- Encourage with verbal and visual cues
- Keep visual attention on food

6 Types of Support Services



When is the Right Time for Adult Day Health?

Diagnosis of Dementia



Needing more help with bathing, dressing, toileting, feeding



Needing help keeping active



Needing a safe environment to socialize in



The caregiver needs time off from attending to their loved one



They cannot be left alone

When is the Right Time for Assisted Living?

Diagnosis of Dementia



Unsafe to live alone



Care needs become burdensome to the caregiver



Loved one or caregiver have physical limitations of movement



Caregiver cannot provide for all needs but does not have additional help

When is the Right Time for Long-Term Care?

Diagnosis of Dementia



Needs full assistance for bathing, dressing, toileting



Needing full assistance with medication management



Needing full assistance for feeding, possibly modified diet



Needing full assistance for mobility



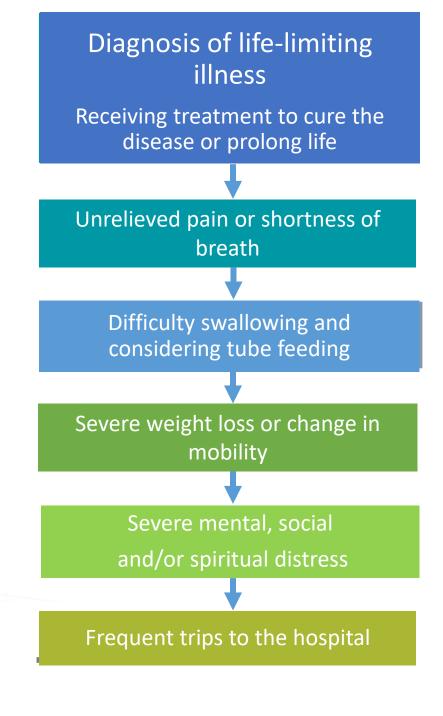
Wandering or Safety Concerns

When is the Right Time for Home Care?

Diagnosis of serious illness **Receiving Treatment** Needing help at home with medication management Needing Physical therapy, Occupational therapy or Speech Therapy Repeated complications

Frequent trips to the hospital

When is the
Right Time
for
Palliative Care?



When is the Right Time for Hospice Care?

Diagnosis of a life-limiting illness

Treatment to cure the disease or prolong life has stopped

Prognosis of 6 months of less





